

## WEEK 3: REDUCE PLASTIC PACKAGING AT HOME

### Tips

- Instead of cling wrap use tea towels or wax wraps.
- Food on plates can be covered with bowls, food in bowls can be covered with a plate!
- Use brown paper bags instead of Ziploc bags.
- Wrap bread in a tea towel to freeze.
- Use glass containers instead of freezer bags, these can also go straight in the microwave

### Resources

Reusable and recyclable wraps, bags etc.	
<a href="#">Biocane compostable packaging</a>	Containers, plates, cutlery, etc.
<b>Compostable baking paper</b>	Various brands, mostly in brown cardboard packaging At many supermarkets Examples: <a href="#">Glad to be green</a> , <a href="#">EcoLife Box</a> , <a href="#">Multix Greener</a> , <a href="#">RotoChef</a>
<b>Recycled aluminium foil</b>	Brands, usually in brown cardboard packaging At many supermarkets Examples: <a href="#">If you care-recycled aluminium foil</a> , <a href="#">Multix Greener</a>
<b><a href="#">Storehouse</a></b> , 22/219 Hampton Rd South Fremantle (owned by a Curtin resident)	<a href="#">Reusable food wraps and bags</a> Can shop online (website includes postcodes they will deliver to) or pick up Have a loyalty program
<b><a href="#">The Source Bulk Foods</a></b> , Floreat Forum (shop R4) Karrinyup Shopping Centre (shop SPO272)	>350 bulk products Also sell reusable water bottles, reusable food wraps, waste free lunchboxes Offer paper bags, encourage you to bring your own container (BYOC) Have a loyalty member program with discount Also stores in Mt Hawthorn and Melville