

WEEK 4: REDUCE PLASTIC USE WITH CLEANING AND PERSONAL CARE PRODUCTS

Tips

- Bamboo toothbrushes, coconut scourers, washing powder in a cardboard box, dishwasher powder instead of plastic-wrapped tablets are all simple changes to make. See our list of suppliers for more ideas.
- Use bulk buy and/or refillable cleaning products. These are also available on-line for delivery.

Resources

[11 sustainable Aussie brands that will make cleaning your home a breeze](#)

Cleaning products	
Dirt. online	Starter packs and refills of laundry detergent, powder booster, stain remover, wool and delicate wash (liquid or powder) Australian made, use recycled materials in their packaging No stockists in WA, can shop online
Storehouse 22/219 Hampton Rd South Fremantle (owned by a Curtin resident)	Cleaning implements and products Can shop instore or online (website includes postcodes they will deliver to or pick up) Have a loyalty program
The Inspired Eco Warrior Online shop as you go or subscription	Laundry liquid or powder and soaker brightener Starter kits and refills for home or office/business with metal containers Perth-based Shop online and order as you go or subscribe for regular delivery First order of each product includes a metal container Subscription includes refill containers (clean empty eligible containers can be left out at each refill delivery for collection and reuse)
Tirtly	Universal cleaner, compostable kitchen 'sponges', laundry detergent sheets Cardboard packaging Brisbane-based, can order online

Personal care products	
biome	Body and skin products including for babies and kids Shop online (stores in Sydney, Brisbane, Gold Coast, Melbourne)
Chemist Warehouse Cottesloe, Innaloo, Subiaco, others	Bamboo toothbrushes Shampoo and conditioner bars
flora & fauna online	Various personal products including shampoo and conditioner bars, deodorant options, baby and kids products, skin care, makeup, shampoo bars for pets, information on how to use menstrual cups (including sizing)
Menstrual Cups Australia online	Information on options, along with comparisons of available brands Many pharmacies and supermarkets now stock menstrual cups
No Pong	Deodorant in a tin Made in Australia (Sydney), website includes contacts for upcycling used tins (SA, NSW, Qld)

Personal care products	
Period underwear See Choice article 30 Sept 2021 and Body+Soul article 2023	Most supermarkets and many chemists stock reusable menstrual underwear Lots of options in Australia: Accalia, AWWA, Bonds, Emren the Label, Ju Ju, Love Luna, Modibodi, Thinx, Underwear for Humanity, Wunderthings) At Big W , Coles , Woolworths
Perth Soap Works Online, can pick up order in Clarkson or have delivered	Shampoo and conditioner bars Made locally
Priceline Pharmacy Claremont, Cottesloe, Innaloo, Subiaco, others	Bamboo toothbrushes
Skipping Stones Refillery Mobile wagon rotates through Farmers' markets (Kyilla, Subiaco, Vic Park, Fremantle)	Various products including liquid soap, shampoo, cleaning vinegar etc. Subi 1, 15, 29 July 2023 Kyilla 8 July 2023 8-1130am See website for other locations BYOC, take a free container from donated 'Buy nothing' box or purchase reusable one
Soap bars	Consider these instead of liquid soap in a plastic bottle Available in all supermarkets and chemists Check packaging
Storehouse 22/219 Hampton Rd South Fremantle (owned by a Curtin resident)	Personal products including for babies Can shop online (website includes postcodes they will deliver to) or pick up Have a loyalty program
Tirty! Online	Foaming handwash, bodywash Glass pump bottles, refills are tablets you add to warm water, cardboard packaging Brisbane-based, can order online
The Inspired Eco Warrior	Shampoo and conditioner concentrate bars Deodorant in a tin Order online Perth-based
Toilet paper without plastic wrapping	Global Good Collective bamboo toilet paper Made in Melbourne Bamboo toilet paper Nautrale 100% recycled toilet tissue The Caboo Tree-Free bamboo toilet paper The cheeky panda Most supermarkets have at least one option – if not, let them know!
Who Gives a Crap Online Also available at Woolworths	Plastic free products, recycled and bamboo options - toilet paper, tissues, paper towels Made in China